

Community Low-Fee Counseling Services

County of San Bernardino Department of Behavioral Health Service Directory

(909) 381-2420

<http://www.sbcounty.gov/dbh>

Provides screenings and referrals to the entire system of care including fee-for-service, contract and department of behavioral health providers. Offers telephone service with professional counselors for behavioral health clients, families and providers.

Phoenix Services/County of San Bernardino Department of Behavioral Health

820 E. Gilbert Street
San Bernardino, CA 92415
(909) 387-7200

Services offered: Medication services. Services are also available to Spanish speaking and hearing impaired clients.
Fee: Sliding scale and Medi-Cal.

Family Service Association

<http://fsaca.org/>

Moreno Valley Clinic

21250 Box Springs Rd., Suite 106
Moreno Valley, CA 92557
(951) 369-8036
M-Th 8am-9pm
F 9am-1pm

Riverside Clinic

8172 Magnolia
Riverside, CA 92505
(951) 509-8733
Tuesday and Wednesday 12:30pm-9pm

Services Offered: Individual, couples and family counseling and anger management and parenting classes.
Fee: Sliding scale

The Community Counseling Center-- Department of Psychology of CSUSB

(909) 537-5569

Services Offered: Low-cost counseling service to individuals from the community.

Counseling Services - Catholic Charities

<http://www.ccsbriv.org>

San Bernardino and Riverside Counties
1441 North "D" Street
San Bernardino, CA 92405
(909) 763-4970 (909) 763-4977 FAX



Services Offered: individual, couple, and family counseling services, parent education, adult/teen anger management co-parenting programs. Services are provided in English and Spanish.

Fee: Sliding Scale

Loma Linda University Social Action Community Health System (SACHS)

<http://llu.edu/llu/sachs/>

Locations

- Norton AFB - 1455 East Third Street, San Bernardino, CA 92408 (909) 382-7100
- Arrowhead - 1455 East 3rd St, San Bernardino, CA 92405 (909) 381-1663
- Frazee - 488 South K Street, San Bernardino, CA 92410 (909) 383-8092

Services offered at Norton AFB: Care for acute and chronic illnesses, mental health services (individual, couples, family counseling, outpatient drug and alcohol program and PCIT (Parent Child Integrated Training) program for parents of children ages (0-5), dental care, physical, occupation, and speech therapy, prenatal care and other women's services, immunization, health promotion and preventive care, specialized care for HIV/AIDS. Bilingual available.

Fee: Sliding scale, MediCal, MediCare, IHP, Molina and MIA

Loma Linda University Department of Psychology - Psychological Services Clinic

(909) 558-8576

<http://www.llu.edu/llu/grad/psychology/programs/clinic/>
1686 Barton Rd.
Redlands, CA 92373

Services Offered: Psychological assessment of children, adolescents, students, adults, couples, families, and seniors, supported by appropriate therapy. Formal consultation, feedback, treatment planning, and written reports support the professional services.

Fee: Sliding Scale

Loma Linda University Marital and Family Therapy Clinic

(909) 558-4934
<http://www.llu.edu/llu/grad/mfam/clinic.html>
164 West Hospitality Lane, Suite 15
San Bernardino, CA 92408



Services offered: Individual, couples and family therapy, Anger Management and Parenting Groups.
Fee: Sliding scale

Christian Counseling Services

(909) 793-1078
www.christiancounselingservice.org
51 West Olive Avenue
Redlands, CA 92373

Services Offered: CCS is an interfaith, non-profit pastoral counseling agency serving the Inland Empire, located in Redlands, California. In addition, they have six satellite locations throughout the Inland Empire including sites in Loma Linda, San Bernardino, Colton, Yucaipa, and Indio. **Fees:** The full rate for a single session is \$131. However, they may be able to accommodate clients and have a sliding scale and some scholarships available. In addition, families with at risk children or children 0-5 may qualify for grant assistance. Please call to make an appointment and to find out your rate and scholarship options. Office hours are from 9-5 M-F.

Bilingual Family Counseling Service, Inc.

(909) 986-7111
bfcsinc.org
317 West "F" St.
Ontario, CA 91762

Services Offered: Individual, family, and couples counseling, school-based counseling, anger management groups and support groups for girls and drug treatment programs. Services offered in both English and Spanish. Office hours are from 9:00 am to 8:00 pm M-Th—they are closed on Fridays.
Note: Clients must have children to qualify for services.

Clearview Treatment Center

(909)798-6200
1902 Orange Tree Lane Suite 200
Redlands, CA 92374

Services: individual and family therapy specializing in treating depression, bipolar disorder, anxiety, sexual abuse, ADHD, stress-related mental health challenges, parenting, GBLT and women's issues. The Center also provides out-patient alcohol and substance abuse treatment and relapse prevention counseling. Bilingual services available.
Fee: Sliding Scale

Mountain Area Low Fee Counseling Services

Rim Family Services, Inc.

28545 Highway 18

Skyforest, CA 92385-0578

On Highway 18, 50 yards west of Kuffel Canyon

(909) 336-1800

<http://www.rimfamilyservices.org>

Services Offered: Individual and family counseling services; substance abuse education and treatment; anger management classes; smoking cessation program, strengthening family programs; trauma recovery; Outpatient Teen substance abuse program, and court ordered programs—DUI and PC1000.

South Coast Community Services

Therapeutic Treatment Services,
Marital/Family Therapy, Student
Assistance Program

Yucaipa (909) 790-1300

Redlands (909) 792-0747